



JOANA SEIXAS

Joana Seixas is a Portuguese actress who trained in Theatre at the Escola Superior de Teatro e Cinema in Lisbon, graduating in 1999, and has since built a long and varied career in the Portuguese arts scene.

In theatre, she has worked with directors such as Álvaro Correia, António Feio, Bruno Bravo, Fernanda Lapa, João Lourenço, João Mota, Martim Pedroso, Pedro Mexia and Tiago Rodrigues, among others. Notable works include '2:22, A Ghost Story' and the collective creations 'Consegues Ver os Teus Pés' and 'Filhos das Mães'.

In television, she is a regular presence with dozens of credits spanning over two decades, most recently including 'Chegar a Casa', 'Quero é Viver', 'Ninguém Como Tu', and 'Cara a Cara'.

In film, she has appeared in feature-length productions such as 'Duplo Exílio', directed by Artur Ribeiro, 'Águas Mil', by Ivo Ferreira, and 'O Som que Desce da Terra', by Sérgio Graciano.

She also works regularly as a voice artist in advertising, documentaries, and other voice projects for television and radio. Beyond her artistic career, environmental activism is a central part of her life, a commitment that translates into concrete projects with real impact on communities and the planet.

Languages

Portuguese, English, French, Spanish